



Photo: Ingrid Shakenovsky

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Young Adult Chabad, Sydney

I HAVE been attending Young Adult Chabad (YAC) for almost four years now, but I feel like I have been a part of the community for a much longer period of time. YAC is known for its diversity of events – intimate and public – for young people of varying backgrounds and observance levels. Because of the choice of programs and events that YAC offers, I often find myself spending three or even four nights a week at YAC events and lectures. When you feel so connected and interested in what YAC has to offer, you kind of lose count of how often you attend the events and instead, begin to look forward to the next one.

It's hard to sum up in a few words what YAC means to me. In essence, it really caters to all needs – social, spiritual and emotional. On a personal level, it means warmth, acceptance and inspiration. Our community is ever-changing and ever-growing and that's what makes it so special. I honestly believe that there is no other place like Young Adult Chabad in Australia! Not coming from a religious family, I was always searching for something during my teenage years. I discovered that the "something" was a gap in my spiritual life. Chabad feeds my soul. When I moved back to Sydney after living in Perth, a rabbi suggested I attend YAC. He knew that I would be taken care of by Rabbi Eli and Rebbetzin Elka Feldman and I now understand what he meant.